

Frequently Asked Questions

Athletics and Recreation at King's College, Spring 2020

January 18, 2020

Athletics

- 1. Will I be able to meet with my coach?** The athletic department offices will be open for our regular College business hours, Monday – Friday 8:30am to 4:30p. To meet with a coach or athletic administrator, students and student-athletes must make appointments in advance. All meetings should take place in spaces that allow for adherence to social distancing guidelines. Otherwise, such meetings should be held virtually.
- 2. What will NCAA athletic participation look like for the spring semester?** All of our teams will follow NCAA and MAC guidelines for safely returning back to activity. We will continue to follow our safe return-to-play plan that allows for student-athletes to engage with their teammates and coaches in a meaningful way. In the early phases, coaches will develop practices that focus on individual player skill development and progress to more robust team practices, as guidelines allow. In addition to team practices, student-athletes will have the opportunity to work with our strength and conditioning staff. While we are hopeful to resume athletic competition in the spring, decisions will be made based on the current climate and CDC/NCAA guidelines and recommendations.

Recreation

- 1. Will the Intermetro Wellness Center be open?** Hours of operation will be limited, to allow for proper disinfecting and sanitizing, which will occur periodically throughout the day. Students and employees will be required to sign in, to facilitate contact tracing if necessary. No one will be permitted to use this facility without signing in and providing contact information. Capacity limits for areas of the IWC will be clearly marked, and several pieces of equipment will be temporarily removed to allow for proper social distancing. To meet the needs of as many students and employees as possible, each patron will have a 45-minute time limit to complete a workout. Patrons are encouraged to use the outdoors for cardiovascular exercise when the weather permits.
- 2. Will reservations be required to use the IWC?** Yes, each student is allowed one reservation per day and a maximum of three reservations per week. The earliest you could make your reservation is 7 days in advance and the latest you can make it is at least 12 hours in advance. When pursuing a reservation, please understand that our King's community is large. We must all work together in this to make sure everyone has access to the IWC. Reservations can be made by clicking on the following link: [Intermetro Wellness Center Reservations](#)
- 3. Can we work out with a partner?** To keep social distancing guidelines, everyone must remain 6 feet apart.
- 4. How many people can be on a rack/piece of equipment at one time?** Only one person is allowed on a rack/equipment at a time

5. **Is the 45-minute time limit flexible?** No, the 45 minutes is the maximum permissible use time, to allow for proper cleaning for the next user. Time left will be announced.
6. **Do I have to clean the equipment?** Yes, equipment must be cleaned and put back after every use. No exceptions.
7. **Can I move equipment?** No, equipment must be used in, and returned to, designated areas. Benches stay on the rubber flooring and social distancing must be maintained.
8. **What happens if I don't follow the rules?** Anyone who doesn't follow the guidelines of the IWC will be asked to leave. For instances of multiple infractions, privileges may be revoked for a period of time.
9. **Will the pool be open for use?** Pool hours may be restricted to allow for proper sanitation and disinfecting. Students and employees will need to sign in when entering the pool area to allow for contact tracing if necessary. Capacity limits for the pool will be articulated and posted in facility. Only one swimmer per lane.
10. **Will masks be mandatory while working out?** Face coverings and masking will be required for all activities, except when swimming though face coverings/masks must be worn while entering the pool area. Face coverings/masks must be worn in all common areas, locker rooms, and office spaces.
11. **Can I bring a friend who is not a member of the College community to Scandlon Gym, the IWC, or the auxiliary gym for open play?** Visitors or guests are not permitted in any of the recreational areas, which includes the IWC, the pool and auxiliary gym.
12. **Will locker rooms be accessible?** General locker rooms will be available only changing of clothes. No overnight storage of personal belongings will be permitted. Locker rooms will be regularly disinfected and sanitized. Social distancing guidelines must be followed in locker rooms and each room will have signage indicating capacity limits.
13. **Can I still sign-out recreation equipment at the front desk?** Students and employees will need to supply their own basketballs/soccer balls/volleyballs for free play.
14. **Will pick-up basketball still be allowed?** No, only individual, socially-distanced activities are permitted. Only 2 people allowed per basket and no scrimmaging, of any kind, is allowed.
15. **What types of intramural activities will be offered this semester?** Intramural activities will be organized using social distancing guidelines and may be limited this year.
16. **Will we be able to access Betzler Fields for open play?** Only recognized athletic teams are permitted to use any fields at Betzler Fields and must be under the direction of a member of the coaching staff.
17. **Will I be able to work out on the track?** Students and employees may use the track if all social distancing guidelines are followed.