Tech Tools for Academic Success

Apps

Class Materials Health/Well-being

One Note Circle of 6 – 6 trusted friends/

Evernote family for safety

Grammarly Headspace – Meditation &

Khan Academy Mindfulness

Study Blue (make or use flash cards) 10% Happier – Meditation app

MyfitnessPal – food & exercise

Time Management

Reminders (included on IOS)

Google Keep

Remember the Milk

2Do (task manager/multiple lists & reminders)

Anylist (multiple lists)

Calendar/Schedule

[www.freecollegeschedulemaker.com](http://www.freecollegeschedulemaker.com)

Google calendar

Outlook calendar