

# EXERCISE SCIENCE – ACCELERATED 3+4 CHIROPRACTIC TRACK

3+4 CHIROPRACTIC TRACK WITH NEW YORK CHIROPRACTIC COLLEGE

BACHELOR OF SCIENCE (B.S.)

CORE Requirements	Credits	Major Requirements	Credits	Major Requirements	Credits	New York Chiropractic College	Credits
CORE 090 First Yr. Exp.	1	EXSC 101	3	BIOL 113	3	Students following the 3+4 Chiropractic Track will complete the remaining King's College graduation requirements for Exercise Science during the first year at NY Chiropractic College.	
CORE 100 Lib. Arts Sem.	3	EXSC 150	3	BIOL 113L	1		
CORE 110 Effect. Writ.	3	EXSC 280	3	BIOL 210	3		
CORE 115 or 116 Oral Comm.	3	EXSC 290	3	BIOL 210L	1		
CORE 131 or 133 Civilization	3	EXSC 300*	3	BIOL 219	3		
CORE 140 or 141-145 Forgn.	3	EXSC 300L*	1	BIOL 219L	1		
CORE 160-169 Literature	3	EXSC 309	3	BIOL 220	3		
CORE 170-179 The Arts	3	EXSC 310*	3	BIOL 220L	1		
CORE 180-189 Am. Stud <sup>1</sup>	3	EXSC 310L*	1	CHEM 107	3		
CORE 190-199 Glob Stud <sup>1</sup>	3	EXSC 320	3	CHEM 107L	1		
CORE 250-259 Syst. Theo.	3			PHYS 111	3		
CORE 260-269 Mor. Theo.	3			PHYS 111L	1		
CORE 280 Philosophy I	3			PHYS 112	3		
CORE 281-289 Philos.II	3			PHYS 112L	1		
				CORE 157 <sup>2</sup>	3		
				MATH 126 <sup>3</sup>	3		
Total Credits for CORE	40	Total Credits for Major	60				

**Total Credits Required for Graduation = 120**

<sup>1</sup>Students are required to take CORE 180 **OR** CORE 190 to fulfill the Interdisciplinary CORE requirement.

- If a student takes CORE 180, then he/she should choose from 191 – 198 to fulfill the 19x's requirement.
- If a student takes CORE 190, then he/she should choose from 181 – 188 to fulfill the 18x's requirement.

<sup>2</sup>A student must take CORE 157 to graduate from the Exercise Science Program. A student CANNOT take CORE 150-156 or 158-159 and meet graduation requirements. A student must take CORE 157 prior to spring of junior (3<sup>rd</sup> year).

<sup>3</sup>MATH 126 must be taken prior to EXSC 480/481.

\* Indicates that these courses have pre-requisites. Please consult college catalog for further information.

### **General Information:**

A student must earn a minimum of 120 credit hours to be awarded the baccalaureate degree. The number of credit hours required for graduation may be higher in certain major programs or if the student elects to pursue a second major.

The requirements of the Core Curriculum represent 52-59 credit hours. Beyond the requirements of the Core Curriculum and of a student's chosen major program, the balances of the credit hours required for graduation are "free electives."

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## SUGGESTED SEQUENCE

- Use the information below as a guide when selecting courses.
- Refer to the reverse side when selecting major courses, major electives, core courses, and free electives when applicable.
- Consult your Academic Advisor prior to course registration.
- Refer to the King’s College Catalog and/or website for course titles and descriptions.
- Choose one course from each CORE category as listed on the reverse side.
  - CORE courses may be taken in any order approved by the academic advisor with the following conditions:
    - CORE 100 and CORE 110 should be taken in the first year whenever possible.
    - CORE 115 (or 116) should be taken within the first two years whenever possible.
    - For students selecting a Foreign Language (CORE 14x), every effort should be made to register for that language in the first semester at King’s.

1 <sup>st</sup> Year - Fall		cr.	1 <sup>st</sup> Year - Spring		cr.
EXSC 101 Intro. to Exercise Science		3	EXSC 150 Prev., Treat., & Emerg. Care of Inj.		3
CORE		3	CHEM 107 General, Organic, & Biochem.		3
CORE		3	CHEM 107L General, Organic, & Biochem. Lab		1
CORE		3	CORE		3
CORE		3	CORE		3
CORE 090 First Year Experience		1	CORE		3
		<b>16</b>			<b>16</b>
2 <sup>nd</sup> Year - Fall			2 <sup>nd</sup> Year - Spring		
BIOL 219 Anatomy & Physiology I		3	EXSC 290 Exercise Physiology		3
BIOL 219L Anatomy & Physiology I Lab		1	EXSC 280 Kinesiology		3
PHYS 111 Physics for the Life Sciences I		3	BIOL 220 Anatomy & Physiology II		3
PHYS 111L Physics for the Life Sciences I Lab		1	BIOL 220L Anatomy & Physiology II Lab		1
CORE		3	PHYS 112 Physics for the Life Sciences II		3
CORE		3	PHYS 112L Physics for the Life Sciences II Lab		1
CORE		3	CORE		3
		<b>17</b>			<b>17</b>
3 <sup>rd</sup> Year - Fall			3 <sup>rd</sup> Year - Spring		
EXSC 300 Science of Strength & Conditioning		3	EXSC 310 Assess. & Measurements in Exercise		3
EXSC 300L Science of Strength & Cond. Lab		1	EXSC 310L Assess. & Measurements in Ex. Lab		1
EXSC 309 Electrocardiology		3	EXSC 320 Exercise & Special Populations		3
BIOL 113 Evolution & Diversity		3	BIOL 210 Organisms & Their Ecosystems		3
BIOL 113L Evolution & Diversity Lab		1	BIOL 210L Organisms & Their Ecosystems Lab		1
CORE		3	MATH 126 Introduction to Statistics		3
CORE		3	CORE		3
		<b>17</b>			<b>17</b>
<b>Total Credits completed at King’s College</b>					<b>100</b>
4 <sup>th</sup> Year - Fall & Spring					
<b>First Year Curriculum at New York Chiropractic College will count as:                      EXSC 325, EXSC 430, EXSC 480, EXSC 481, EXSC 499, PSYC 340 and PSYC 351 (20 credits)♦</b>					
<b>Total Credits Required for Graduation = 120</b>					

† Summer Session is suggested in order to finish the CORE and Major requirements within 3 years.

♦ Upon successful completion of the first year at New York Chiropractic College, the student will have satisfied all King’s College requirements for graduation.