

Athletic Training

Bachelor of Science (BS.AT)

Core Requirements				Credits	Notes/Instructions
College Sem.	Quest for Meaning	CSEM 100		3	†A student may be required to take ENGL 105 and/or MATH 100 based on placement exams administered prior to their first semester at King's College. ENGL 105 and MATH 100 are 3-credit courses and will count as free electives. †† The Intercultural Competence requirement can be satisfied by taking a 100-level language class for 3 credits or participating in an approved Study Abroad experience. SBM = Satisfied By Major requirement(s) and credit(s) listed below.
Communication & Creative Expression	Writing	ENGL 110†		3	
	Oral Communication	COMM 101		3	
	Literature	ENGL 140-149		3	
	The Arts	ARTS 100-149		3	
Citizenship	History	HIST 100-149		3	
	Intercultural	FREN/GERM/SPAN 100-level or Study Abroad††		3	
	Global Connections	ECON 150-199; GEOG 150-199; HIST 150-199; PS 150-199; SOC 150-199		3	
Quantitative & Scientific Reasoning	SBM Quantitative Reasoning	MATH 120+ or higher level (MATH 126)		-	
	SBM Scientific Endeavor	NSCI 100		-	
	SBM Science in Context	NSCI 171-199		-	
	SBM Human Beh. & Soc. Inst	ECON 111, 112; GEOG 101, 102; PS 101, PSYC 101 , SOC 101		-	
Wisdom, Faith, & the Good Life	Introduction to Phil.	PHIL 101		3	
	Phil. Investigations	PHIL 170-199; MSB 287		3	
	Theology & Wisdom	THEO 150-159		3	
	Theology & the Good Life	THEO 160-169		3	
Total Core Credits				36	

Major Requirements	Credits	Major Requirements	Credits	Other Requirements	Credits
AT 101	3	AT 311	3	HCE 101 Holy Cross Exp.	1
AT 165	3	AT 311L	1		
AT 202	3	AT 325	3		
AT 203 ^{PR}	3	AT 402 ^{PR}	4		
AT 230	3	AT 403 ^{PR}	4		
AT 231	3	AT 422 ^{PR}	3		
AT 245	3	AT 445 ^{PR}	3		
AT 280	3	AT 460 ^{PR}	3		
AT 290	3	AT 480 ^{PR}	3		
AT 302 ^{PR}	4	BIOL 219 ²	3		
AT 303 ^{PR}	4	BIOL 219L	1		
AT 305	3	BIOL 220 ^{2,PR}	3		
AT 306 ^{PR}	3	BIOL 220L	1		
AT 310	3	PSYC 101 ⁴	3		
AT 310L	1	MATH 126 ⁵	3		
Total Major Credits	45	Total Major Credits	41	Total Other Credits	1

Total Credits Required for Graduation = 123

General Information:

A student must earn a minimum of 120 credit hours to be awarded the baccalaureate degree. The number of credit hours required for graduation may be higher in certain major programs or if the student elects to pursue a second major. Beyond the requirements of the Core Curriculum and of a student's chosen major program, the balances of the credit hours required for graduation are "free electives."

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Suggested Sequence

A suggested course sequence of degree requirements is listed below. Refer to the college catalog for course titles, descriptions, and prerequisites. Always consult your Academic Advisor when planning and scheduling your classes.

Fall 2019		Credits	Spring 2020		Credits
AT 101 Introduction To Athletic Training		3	AT 165 Emergency Care of Athletic Injuries		3
Core Course ¹		3	Core Course ¹		3
Core Course ¹		3	Core Course ¹		3
Core Course ¹		3	Core Course ¹		3
Core Course ¹		3	Core Course ¹		3
HCE 101 Holy Cross Experience		1			
		16			15
Summer 2020		Credits			
Fall 2020		Credits	Spring 2021		Credits
AT 202 Athletic Training Clinical I		3	AT 203 ^{PR} Athletic Training Clinical II		3
AT 230 Prevention & Care of Athletic Injuries I		3	AT 231 Prevention & Care of Athletic Injuries II		3
AT 280 Clinical Kinesiology and Anatomy		3	AT 245 Principles of Health		3
BIOL 219 ² Anatomy & Physiology I		3	AT 290 Exercise Physiology		3
BIOL 219L Anatomy & Physiology I Lab		1	BIOL 220 ^{2,PR} Anatomy & Physiology II		3
PSYC 101 ⁴ Intro to Psychology		3	BIOL 220L Anatomy & Physiology II Lab		1
		16			16
Summer 2021		Credits			
Fall 2021		Credits	Spring 2022		Credits
AT 302 ^{PR} Athletic Training Clinical III		4	AT 303 ^{PR} Athletic Training Clinical IV		4
AT 305 Evaluation & Diagnosis in Athletic Training I		3	AT 306 ^{PR} Evaluation & Diagnosis in Athletic Train. II		3
AT 310 Therapeutic Modalities		3	AT 311 Therapeutic Exercise		3
AT 310L Therapeutic Modalities Lab		1	AT 311L Therapeutic Exercise Lab		1
Core Course ¹		3	AT 325 Nutrition and the Athlete		3
		14³	MATH 126 ⁵ Introduction to Statistics		3
					17
Summer 2022		Credits			
Fall 2022		Credits	Spring 2023		Credits
AT 402 ^{PR} Athletic Training Clinical V		4	AT 403 ^{PR} Athletic Training Clinical VI		4
AT 422 ^{PR} Organization & Admin. of Athletic Training		3	AT 460 ^{PR} Current Trends & Topics in Athletic Train.		3
AT 445 ^{PR} Pathology & Pharmacology in AT		3	AT 480 ^{PR} Research Meth. & Design in Athletic Train.		3
Core Course ¹		3	Core Course ¹		3
(Free Elective ³)		(3)	Core Course ¹		3
		13³			16
Total Credits Required for Graduation = 123					

NOTES:

¹Choose one course from each of the Core Requirements listed on the reverse side.

²Course may satisfy both a Major and a Core requirement. BIOL 219 and BIOL 220 satisfy the Scientific Endeavor and Science in Context Core requirements.

³A student may take up to 17 credits in the Spring or Fall semesters without being charged for an overload. A "free elective" can be taken for personal enrichment or of Minor and/or Second Major requirements.

⁴A student must take PSYC 101 Intro to Psychology to graduate from the Athletic Training Program. PSYC 101 will satisfy the Human Behavior & Social Institution Core requirement.

⁵A student must take MATH 126 Intro to Statistics to graduate from the Athletic Training Program. MATH 126 will satisfy the Quantitative Reasoning Core requirement.

^{PR} Course has a prerequisite – check college catalog.