

Instructions:

For tables:

- a. Results. Show whether the target/benchmark was met or not met and provide relevant data. Brief comments about the results can be provided in this space if necessary.
- b. Action Taken. List here the concrete steps the department intends to take in response to the results.

For Discussion:

A brief narrative, discussion, or set of minutes from the meeting in which assessment was discussed.

Discussion might center on such topics as

- a. Interpretation of data.
- b. Closing the loop. How well do actions taken appear to have helped improve student learning?
- c. Reflections/observations about learning and pedagogy from faculty in the department: What appears to be working? How are students meeting challenges? What do students appear to be struggling with? (These reflections/observations might initially be sparked by assessment data, but they needn't be limited by the data.)
- d. Rationale for planned action.

For Notes page (optional):

A notes page—only if necessary—to explain results and actions in detail.

For Rubrics (optional):

Optional: Rubrics—only if new or revised—used in assessing leaning outcomes mentioned in the report.

The annual assessment report *does not require*:

- a. Tables of results from previous assessment cycles. However, reporters may wish to include such information in the discussion/narrative section.
- b. Details of strategies: actual test questions or writing prompts, for example.
- c. Rubrics (unless they are new or revised).
- d. Samples of student work.
- e. Results from individual sections of the same course. Such information might be included in the discussion section if it is pertinent to actions.

Learning Outcome #1: Demonstrate proficiency in the execution and demonstration of various exercise techniques and modalities.

Assessment Measures / Methods	Target / Benchmark	Results	Action Taken
Assessment 1 (direct): Cumulative Grade of Technique Proficiency Exams in EXSC 400L	80% of students will receive a grade of 75% or higher	Target not assessed : N/A	This was not done due to COVID-19 restrictions. We will resume this assessment this year. This assessment was slightly altered due to COVID-19 restrictions. We will resume the regular assessment format this year.
Assessment 2 (direct): Technique and proficiency portion of the exercise class demonstration in EXSC 330	80% of students will receive a grade of 75% or higher	Target met : 81% of students received a grade of 75% or higher	

Learning Outcome #3: Demonstrate scientific literacy & basic research design aptitude.

Assessment Measures / Methods	Target / Benchmark	Results	Action Taken
Assessment 1 (direct): Scientific Portion of S/C Manual in EXSC 400	80% of students will receive a grade of 75% or higher on both assignments	Target met : 100% of students received a grade of 75% or higher	The newly added assessment #1 will be improved through more thorough explanations on the assignment sheet and an expanded rubric.
Assessment 2 (direct): Final Review Article in EXSC 480	80% of students will receive a grade of 75% or higher	Target met : 92% of students received a grade of 75% or higher	

Learning Outcome #5: Demonstrate proficiency in professional etiquette, professional conduct, and professional client interaction.

Assessment Measures / Methods	Target / Benchmark	Results	Action Taken
Assessment 1 (direct): Client Assessment Demonstration in EXSC 310L	80% of students will receive a grade of 75% or higher on both assignments	Target met : 85% of students received a grade of 75% or higher	The assessment was based on a partial grade due to shut down from COVID-19. We will resume regular assessments this year.
Assessment 2 (direct): Professional conduct and client interaction portion of the exercise class demonstration in EXSC 330	80% of students will receive a grade of 75% or higher	Target not assessed : N/A	EXSC 330 was offered as a virtual class, as such client interactions were not assessed due to COVID-19 restrictions.

Discussion

Outcome 1:

Due to COVID-19 restrictions, we were not able to offer EXSC 400L as a hands-on interactive class with physical assessments. Case studies replaced our normal assessments. We will resume regular physical assessments this year.

EXSC 330 was offered as a virtual class where students demonstrated exercise instruction in front of the camera and often not in a full group setting. Accordingly, we had to change the assessment format and rubric for this assessment, rendering the data not comparable this year.

Outcome 3:

We added a new assessment to EXSC 400. Students have to create a comprehensive strength and conditioning manual in this class. Part of the needs analysis students have to perform has to be based on scientific literature and include correct citations. Students performed generally well, but we will expand the assignment instructions and rubric items to better assess this item.

Outcome 5:

Due to COVID-19 restrictions we were only able to have a partial grade for assessment #1 and were not able to assess assessment #2 at all due to the format changes. We are confident that with the lifting of COVID-19 restrictions we are able to assess these items appropriately and have data going forward.