



**KING'S
COLLEGE**
TRANSFORMATION. COMMUNITY. HOLY CROSS.

STUDENT AFFAIRS

2024-2025

A YEAR
IN REVIEW



The former John Lane House was the central office home of Student Affairs for many years, and the division's work will continue from its new location at 113 N. Franklin Street.



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GREETINGS FROM THE DIVISION OF STUDENT AFFAIRS

During the 2024–25 academic year, the Division of Student Affairs, deeply rooted in our Catholic and Holy Cross mission, ignited a spirit of purpose, connection, and growth across campus. Every initiative was intentionally crafted to educate, challenge, support, and celebrate our students in ways that fostered transformation beyond the classroom.

From dynamic student engagement experiences to robust support services, the division prioritized excellence at every level. We championed collaboration, strengthened learning outcomes, and pushed forward innovative enhancements to student programs—all with the goal of cultivating a vibrant and inclusive campus life. Some of the most significant accomplishments included, but were not limited to:

- Established a standing committee on co-curricular engagement to execute year one objectives outlined in Strategic Plan Goal 5.1. The committee successfully initiated a college-wide co-curricular engagement framework by formulating a unified definition, designing a comprehensive evaluative rubric, and developing structured data collection mechanisms.
- Worked with Derck and Edson to discuss needs and aspirations for updating Betzler Athletic complex (Strategic Plan 4.2).
- Continued strengthening wellness resources, training and education on campus to support Goal 5.4 of the strategic plan by reaching 25% of student facing employees trained in Mental Health First Aid (aiming to reach majority by 2029).
- Maintained compliance efforts, including keeping up with numerous legislative changes, such as Title IX, Stop Campus Hazing Act, NCAA requirements, etc.
- Debuted DRIVEN (Diversity, Resilience, Impact, Vocation, Excellence, Networking), a new leadership conference that explored topics of identity, self-care, leadership, self-awareness, advocacy and professional development.
- Secured the Middle Atlantic Championship in Football and received numerous individual student athlete accolades in various sports
- Collaborated on multiple large-scale and multi-department events to increase student engagement including Homecoming and Family Weekend, Meet the Cast nights with the Theater Department, Theology on Tap with Campus Ministry, etc.
- Participated in campus-wide committees and working groups (e.g. Strategic Plan working groups, Retention Committee, Wellness Committee, Safety Committee, Diversity Committee, Mission and Identity Committee, etc.).
- Facilitated and supported various trainings (i.e., Mental Health First Aid, SafeZone, CPR/First Aid, Title IX, etc.)
- Engaged in multiple grant opportunities either as applicants, facilitators or participants (NetVUE Grant -Vocation, NetVUE - Institutional Saga, and NCAA Strategic Alliance Grant, etc.).

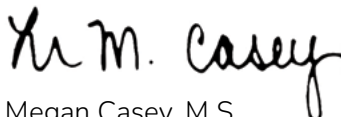
As part of our continued commitment to transparency and excellence, the Division of Student Affairs is proud to present the **2024–25 Year in Review**. This annual reflection celebrates our accomplishments and acknowledges the invaluable support of our campus partners who help us champion student advocacy, engagement, and success. We invite you to explore the outcomes and highlights from each of our functional areas—showcasing the collaborative spirit and dedication that define our work. Together, we've cultivated enriching experiences that empower students and strengthen the King's College community.

We remain inspired by our shared mission and grateful for the relationships that make this work possible. Here's to another year of meaningful collaboration and continued student-centered success.

Go Monarchs!



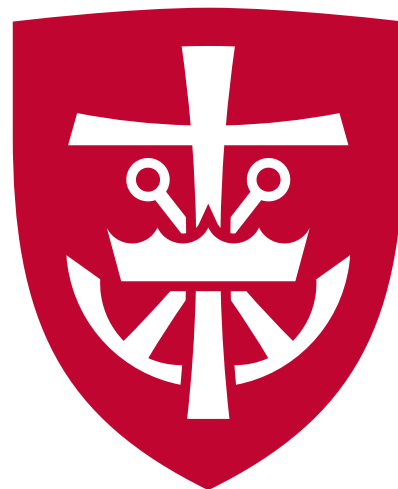
Anitra M. McShea, Ph.D.
Vice President for Student Affairs



Megan Casey, M.S.
Associate Vice President for Student Affairs and Dean of Students

MISSION STATEMENT

The Division of Student Affairs engages all students through transformative educational experiences in a nurturing and inclusive community. We work in collaboration with our campus partners to challenge, support, and celebrate our students. Guided by the College's Catholic, Holy Cross mission, we develop our students in body, mind, and spirit, calling them to live lives of meaning and purpose.



DIVISIONAL LEARNING OUTCOMES



Knowledge Acquisition and Application: Students who engage in Student Affairs programs, activities, and services will gain the ability to acquire, analyze, and synthesize information that will advance their academic and personal development.

Intellectual and Practical Competence: Students who engage in Student Affairs programs, activities, and services will acquire and use cognitive and practical skills that will enable them to live productive and purposeful lives.

Interpersonal and Intrapersonal Engagement: Students who engage in Student Affairs programs, activities, and services will attain the self awareness and self advocacy skills needed to engage in effective communication and collaboration with others.

Cultural and Civic Engagement: Students who engage in Student Affairs programs, activities, and services will gain an understanding of and commitment to diversity, equity, and social justice and be able to help create healthy, inclusive, and thriving communities.

Living Well: Students who engage in Student Affairs programs, activities, and services will develop a comprehensive approach to nurturing their mental, physical, and spiritual health and acquire the necessary skills to successfully live healthy, resilient, and meaningful lives.

Holy Cross Values and Guiding Principles: Students who engage in Student Affairs programs, activities, and services will champion the inherent dignity of every person, mobilize their talents and skills to serve the common good, and cultivate a life long commitment to faith, community, and service.

DIVISION OF STUDENT AFFAIRS LEADERSHIP



Anitra M. McShea, Ph.D.
Vice President
for Student Affairs



Megan Casey, M.S.
Associate Vice President for Student Affairs
and Dean of Students



Cheryl Ish
Associate Vice President of
Athletics and Recreation



Tina Arendash, MSW, LCSW
Director of the
Counseling Center



JoAnn G. Kosik, MHA, PA-C
Director of
Student Health Services



Sean Cryan
Director of Campus Activities
and Orientation



Jasmine L. Giddings
Director of Multicultural
and International Student Programs



Steve Matusiewicz
Director of Housing
and Residence Life

DEPARTMENT HIGHLIGHTS: ATHLETICS AND RECREATION



Athletics is an integral part of the 638 unique student athletes' experiences that compete on NCAA teams at King's as well as the recreational opportunities it provides for the entire campus community. The department earned several major recognitions this year and claimed a Middle Atlantic Conference (MAC) Championship Title for the first time since 2016. Fostering student athlete engagement both on campus and in the community remains a core priority, with each team committed to at least one annual service initiative. These efforts are championed by the Student Athlete Advisory Committee (SAAC), which plays a central role in organizing impactful outreach. Leadership development is further supported through programs like the Captain's Club, where current and emerging leaders come together to share challenges, celebrate successes, and collaborate on strategies to become transformational leaders within their teams and beyond.

Department and Student Learning Outcomes Results for AY 24-25:

Academic Excellence

- Student athletes continue to excel academically, concluding the academic year with an overall cumulative GPA of 3.11 for male student athletes and 3.45 for female student athletes.
- 418 student athletes achieved MAC Academic Honor Roll status for recording at least a 3.2 GPA for the semester of their season.
- Football saw a program record 11 student athletes named to the prestigious National Football Foundation Hampshire Honor Society.
- 54 student athletes earned College Sports Communicators (CSC) Academic All District honors awarded to sophomores, juniors and seniors who maintain a 3.5 cumulative GPA, and compete in 90% of their team's competitions this season.

NCAA Compliance Workshop

- 99% of student athletes could identify factors impacting eligibility after completing the workshop.
- 88% correctly answered questions regarding the NCAA rules about gambling.

Service Spotlights

- 13 student athletes visited St. Nicholas St. Mary's for Read Across America Day.
- The women's ice hockey team hosted their 2nd annual dedication game on January 11 against Lebanon Valley in support of pancreatic cancer research.
- Our partnership with Special Olympics of Luzerne County continued with Tuesday night basketball practices in Scandlon sponsored by SAAC.
- SAAC and Morgan's Message partnered to host Mental Health Awareness games for teams throughout the year.
- Baseball continued to sponsor several community service initiatives throughout the year, including the Jared Box Project, Essentials for Homeless Families, and "Stay Warm for the Holidays."
- Additional team service highlights included men's ice hockey's "teddy bear toss," various teams breast cancer awareness games, and women's basketball's True Love Movement game.



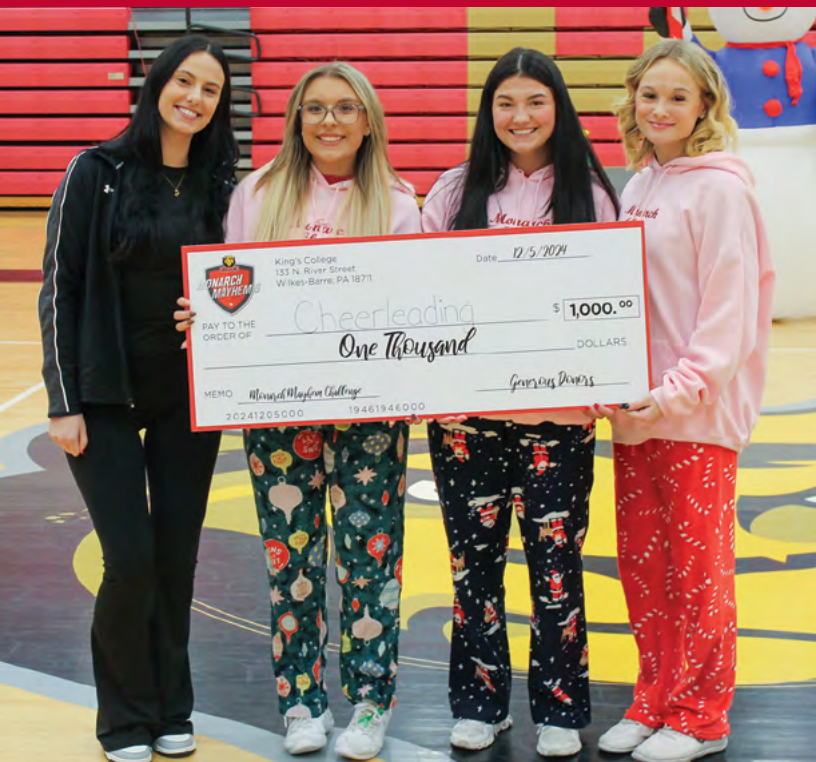
Student-Athlete Opinion Survey

- Out of 384 student athletes surveyed, 360 (or 94%) agreed or strongly agreed that the Strength Coach communicates effectively and teaches exercises that have increased their knowledge of how to properly warm up, utilize linear and nonlinear movement patterns in sport development and the proper techniques of Olympic lifts.

Athletic Achievements

- Football won the program's first outright MAC Championship title, going undefeated in regular-season conference contests. The team was awarded a hosting bid for the NCAA Division III Football Championships First Round, where they defeated Ursinus College to advance to the Second Round on the road at Salisbury.
- Russell Minor-Shaw was named MAC Offensive Player of the Year for the second consecutive season, and Head Coach Mike Cebrosky collected MAC Coach of the Year honors to highlight a program-record 20 student-athletes on the All-MAC team. The Monarchs also had six on D3football.com All Region 1 teams, and Zach Barber was named a D3football.com Third Team All-American, marking the third straight year a Monarch football player achieved All-American recognition.
- Women's outdoor track and field had their highest team finish at the 2025 MAC Outdoor Track and Field Championships, placing third out of the 18 teams, as Brandy Varner won the discus throw and Victoria Zultevicz was the third highest individual point scorer among several other notable accolades.
- Brandy Varner also qualified for the 2025 NCAA Division III National Championships in the discus throw, marking the first national qualifier for the program since 2022 and the first female since 2019.
- Owen Foytack had a strong finish to his career, earning All-MAC First Team honors in cross country with a top-50 finish at the NCAA Mid-Atlantic Regionals, silver in the mile at the 2025 MAC Indoor Track and Field Championships, and gold in the 1,500 meter run at the 2025 MAC Outdoor Track and Field Championships.
- Men's ice hockey Kent Lee was named MAC Co-Offensive Player of the Year as well as an All-MAC First Team honoree alongside Ethan Hersant. Other All-MAC Freedom First Team recipients included men's soccer player Philip Permyashkin, men's basketball Chris Patton, and baseball Zach Day.
- Emily Novicki became the third player in King's softball history to surpass 300 career strikeouts.
- Zach Day finished his career for Monarch baseball as one of the most impactful players, playing in every possible game throughout his four seasons, finishing as one of three players to surpass 200 career hits and placed in the top 10 all-time in 11 categories.





Monarch Mayhem

King's Athletics, in partnership with Institutional Advancement, conducted its fifth annual Monarch Mayhem crowdfunding initiative. For 32 hours, the event raised a new record of \$78,084 to support our teams and student athletes with needs such as team gear and equipment, travel, and other essential enhancements. The successful event was celebrated for with a presentation of team checks at SAAC Carol Night to the winners in each of the newly defined tiers, where wrestling claimed two additional prizes for raising \$8,800.

Enhanced Recruitment Efforts

Throughout the 2024-2025 academic year, King's coaches engaged in regular, collaborative meetings focused on enhancing recruitment strategies, fostering professional growth, and strengthening the collective impact from the athletic staff.

Department Growth

In April, King's was notified of our selection of the NCAA Strategic Alliance Grant. The grant will assist King's in funding a full time administrative position within athletics for three years. Elena Andreyev was named Coordinator of NCAA Compliance and Student Engagement through this grant, and Athletic Communications was awarded a full time assistant position to assist the department in moving Strategic Plan initiatives forward.

In July 2025, Andy Orlowski was appointed Executive Director of Athletics and Recreation following a national search. He distinguished himself as the candidate with the clearest, mission-driven vision for Athletics—one focused on elevating programs through competitive excellence, outstanding coaching development, and a transformative student athlete experience.

National Girls & Women in Sports Day

The athletics department hosted a successful National Girls and Women in Sports Day clinic, introducing more than 95 young girls to several new sports. This clinic was supported by over 105 student athletes; this free clinic was a resounding success, inspiring the next generation of female athletes.

Interested in partnering with the Athletics Department on important educational programming and outreach initiatives? Contact us at athletics@kings.edu.

DEPARTMENT HIGHLIGHTS: CAMPUS ACTIVITIES, COMMUTER LIFE, AND ORIENTATION



For the 2024-25 Academic Year, Campus Activities, Commuter Life, and Orientation provided numerous programs and leadership opportunities on campus. Currently, there are 44 registered clubs and organizations, including student media groups: Regis, WRKC, The Crown, and The Scop. The King's Programming Board offered programs each weekend with a variety of live entertainment, Late Night Programming (programming after 9p.m.), off-campus trips (Dorney Park, New York City and Washington, DC), themed events for home athletic games (give-aways with rally towels, t-shirts and pizza nights) and much more.

During the last week of June, 379 new students engaged in Summer Orientation (90% attendance rate; N= +12 from 2024; +31 from 2023; +51 from 2022). Sessions at summer orientation related to several important areas including academic advising, technology, financial aid, campus resources, academic expectations in the classroom as well as an opportunity for students to meet their fellow peers in a fun interactive format. Sean Cryan, Emily Flaim, and Jasmine Giddings oversaw the preparation, training, and supervision of the student staff. The student staff included: 16 Student Orientation Guides (SOG) and four Lead Orientation Guides (LOG) and two Orientation Team Leaders (OTL).

Department and student learning outcomes results for AY 24-25:

- From the Summer Orientation survey, data related to *Interpersonal and Intrapersonal Engagement* reported that 72.7% of new students noted being “very satisfied” with Becoming a Monarch, a program where new students interact with their peers and student leaders with ice breakers and individual Q &A.
- 79.7% of students reported being “very satisfied” with Individual Advising sessions at Summer Orientation. 63.2% reported being “very satisfied” with Group Advising.
- For the Fall Welcome program related to *Knowledge acquisition and application* 74.8% reported that the advisor meeting prior to classes beginning was beneficial.
- Also related to *Interpersonal and Intrapersonal Engagement*, Late Night Programming (LNP) increased from 38.7% in 2023-24 to 42.4% in 2024 –25% of overall programming.



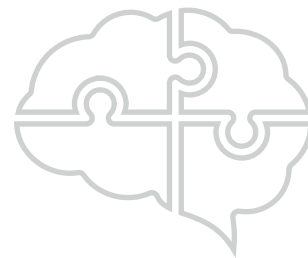


Several successful initiatives for AY 24 25 have included:

- Combined Homecoming and Family Weekend to be celebrated together in the fall of 2024 (September 27-29). This brought an increased response from our faculty and allowed families to visit prior to Fall Recess, giving them an opportunity to interact with alumni from the college community
- Promoted home games for each athletic team with a theme or give away for all students in attendance.
- Served on the committee related to Strategic Task 5.1., calling for a College Wide Co-Curricular Engagement Initiative to strengthen and assess the co-curricular experience at King's.
- Continued efforts to engage our commuters in campus life and gain perspective on ways to improve the commuter experience at King's. The Commuters Connect program continued this year (participating departments included: Campus Safety and Security, Student Health, Counseling, and Academic Skills).
- Collaborated with Campus Ministry and the Shoal Center: Sean Cryan attended the ordination of Deacon Ricky Bevington at the University of Notre Dame with students and staff from Campus Ministry. Emily Flaim led a SpringSERVE group (Students Engaged in Reflective Volunteer Experiences). The group delivered furniture to those in need for My Brother's Keeper ministry in Easton, MA.
- Recognized student leaders at the annual Student Affairs Leadership Awards program and Student Government Association (SGA) Inauguration in May, an event held in collaboration with Student Affairs departments and SGA.
- Facilitated several celebratory commencement events for the Class of 2025 including the Commencement Ball at the Woodlands Inn, Student Affairs Cookout, Baccalaureate Mass and the Senior Alumni Party.

Interested in connecting with Campus Activities as a resource or partner for co-curricular and/or interactive programming? Please contact us at campusactivities@kings.edu.

DEPARTMENT HIGHLIGHTS: COUNSELING CENTER



During the 2024-25 Academic Year (AY), the Counseling Center provided 1979 individual counseling sessions, the highest number on record. 14.3% of the undergraduate student population attended at least one appointment this academic year, also another high. The most frequent presenting concerns for students this AY were **social anxiety** and **generalized anxiety**. During Spring 2025 commencement, 413 students graduated; the Counseling Center provided individual counseling services to 27% of these students at some point over the course of their academic career.

Department and student learning outcomes results for AY 24-25:

- There was an overall decrease in Distress Index scores of 16.8% for students.
- The average waitlist size was 8.6. The high was 11, the low was 0. For the semester, the waitlist was at or below 5 students 50% of the semester;
- Supporting student mental health information guides were sent electronically to 100% of faculty and staff at the start of the fall and spring semesters. 100% of Mental Health First Aid (MHFA) participants passed the course and earned certification;
- 83.5% of students in attendance at Counseling Center workshops strongly agreed they would use a strategy learned. Participants increased their knowledge on identified topics via a pre-post test exercise by an average of 24.4%.





Several successful initiatives and programs for AY 24 25:

- Mental Health First Aid Training continues and is now a part of the 2024-2029 Strategic Plan- all current Resident Assistants (RAs) have been certified and there is an ongoing plan to ensure all new RAs will receive training in future semesters;
- The Relaxation Room was launched on campus in mid-Fall 2024. Despite the ongoing construction in the library this academic year, the room was utilized 101 times;
- The department has been able to coordinate with Acadia Geisinger Behavioral Health to facilitate direct admissions to their inpatient unit for students as appropriate.

Overall student satisfaction with counseling services remains high – for AY 24-25, 97.6% of students reported being strongly satisfied or satisfied with the services they received in the fall, and 93.8% of students reported being strongly satisfied or satisfied with the services they received in the spring.

Interested in partnering with the Counseling Center on important educational programming and outreach initiatives? Contact us at counselingcenterstaff@kings.edu.

DEPARTMENT HIGHLIGHTS: MULTICULTURAL AND INTERNATIONAL STUDENT PROGRAMS (MISP)



The Multicultural and International Student Programs (MISP) Office at King's College provided a robust calendar of educational and social programming centered around diversity, equity, and inclusion. The MISP Office remained attentive to federal guidance, including updates to *Dear Colleague* letters, ensuring compliance while continuing to provide critical support for all students. In alignment with the College's mission, the office organized programs celebrating diversity, encouraged civil discourse, and supported inclusive student organizations such as the Black Student Union, South Asian Student Association, and Gay-Straight Alliance. In addition, MISP continued to offer non-academic advising, support, and advocacy for historically marginalized student populations. This included individual support, guidance on navigating the college experience, student engagement opportunities, and referrals to campus and community resources. These services, while especially supportive of students of color, remain available to all students.

Department and student learning outcomes results for AY 24-25:

- The MISP Office assessed a simulation focused on sense of belonging and communication across differences. Students rated the workshop an average of 4.31/5, indicating it met objectives around cross-cultural communication and conflict resolution. Sixty-three (63) student participants initially indicated confusion about the simulation, but after an intentional debrief with peers, gained deeper understanding of the simulation's purpose and application to real-life scenarios.
- Among 24 respondents, the statement "The services I received from the Multicultural Office have made it easier to stay enrolled at King's College and/or function better as a student" received an average score of 4.57/5. A key area for improvement is increasing survey participation to better reflect the full number of students served by the office.
- The DRIVEN leadership workshop drew 85 attendees, including 5 students from Bloomsburg University and 7 from Wilkes University, and received an overall satisfaction score of 4.49 out of 5.





Successful initiatives and programs for AY 24 25:

- **Leadership Development:** Debuted the DRIVEN Leadership Workshop (Diversity, Resilience, Impact, Vocation, Excellence, Networking), a new initiative that brought together 85 students to explore identity, self care, leadership, and professional development. The workshop featured keynote speaker Justin Brown, who facilitated an interactive session titled *"The Dignified Leader."*
- **D.E.I. Triathlon:** Collaborated with three areas (MISP, the Multicultural and International Club, and the Diversity and Inclusion Committee) to feature three main events featuring a DEI Scavenger Hunt, a DEI Fair, and a Multicultural & International Club Pool Party.
- **Diversity Festivals:** Successfully coordinated the Fall Diversity Festival and Spring Global Diversity Festival, showcasing cultural expression, food, music, and community engagement.
- **Signature Student Collaborations:** Sponsored events such as *It's Lit* and the Annual Fashion Show in partnership with the South Asian Student Association, Multicultural and International Club, La Raza, Gay Straight Alliance, Black Student Union, and the Student Government Diversity and Inclusion Committee.
- **Widmann Gallery Collaboration:** Hosted a visiting artist who collaborated with Campus Ministry on the *Seven Stations of the Cross* event. Three student classes participated in a meet and greet with the artist marking the first interdisciplinary art partnership of its kind in recent years.
- **Cultural Excursion:** Traveled to Washington, D.C. with members of the Impact and Elite programs to visit the National Museum of African American History and Culture.

Interested in using the Office of Multicultural and International Student Programs as a resource or partner for co curricular educational and interactive programing? Please contact misp@kings.edu.

DEPARTMENT HIGHLIGHTS: RESIDENCE LIFE



The Office of Residence Life focused on strategic program development, retention initiatives, and student engagement. In alignment with the College's mission and Strategic Plan Goal 5.1, the department worked toward the formal implementation of the residence curriculum and supported student success through expanded outreach, collaborations, and training. Residence Life also placed greater emphasis on Resident Assistant supervision, aiming to develop confident, mission-driven student leaders whose influence would positively shape the residential experience and strengthen peer-to-peer support in the halls. This year's onboarding process was further enhanced through campus partnerships that offered student staff deeper engagement with topics such as identity, leadership, and resilience, reinforcing their role as community builders in the halls.

Department and Student Learning Outcomes Results for AY 2024–2025:

- The residence curriculum, *Flourishing Foundations*, was finalized. The curriculum is scheduled to launch in Fall 2025, and is structured around the core themes of community, resilience, and support, with clear learning outcomes tied to the student experience. A new assessment tool was introduced in Spring 2025 to establish baseline data aligned with Residence Life's curricular learning objectives.
- Resident Counselors (RCs) completed midterm meetings across fall and spring. During mid-term outreach, students rated the helpfulness of RC meetings at 5.40/6 and follow-through on referrals at 5.31/6, reflecting strong satisfaction. Residence Life partnered with Academic Affairs to pilot the "First Time in College" (FTIC) outreach program during the Spring 2025 semester. RCs conducted focused, timed outreach to new students to increase retention efforts and provide targeted resources to at-risk students.
- Residence Life restructured its programming model to focus engagement efforts within the first six to eight weeks of the term. This early engagement strategy was designed to build strong community connections from the outset, support student retention, and establish consistent participation in Residence Life programming. By front-loading community-building efforts, the department aimed to foster habits of involvement and increase residents' sense of belonging. Initial outcomes were promising, with 59% of residents attending at least one program by mid-semester.



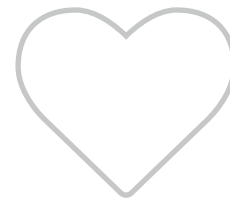


Successful Initiatives and Programs for AY 2024 2025:

- **Staff Development and Engagement:** Hosted monthly RA and RC training sessions with topics including conflict resolution, boundary setting, wellness, and campus safety. RAs participated in mid year evaluations and individual goal setting meetings to improve accountability and performance alignment. As part of an enhanced onboarding process, all newly hired and returning Resident Assistants participated in the DRIVEN Leadership Conference for the first time in 2025. Organized by the Multicultural and International Student Programs (MISP) Office, DRIVEN offered a powerful platform for student leaders to explore topics such as diversity, resilience, vocation, and peer leadership. Residence Life was honored to have several staff members serve as presenters and was proud to integrate this valuable experience into the RA process.
- **Innovative Returner Housing Strategy:** Launched a new automated communication plan targeting students with “unknown” housing status. The weekly outreach helped reduce the number of students with unconfirmed housing plans by 30% (2024 vs 2025), improving planning and returner yield.
- **Mental Health First Aid training** was completed by all Resident Assistants (RAs), increasing staff preparedness to support peer mental health needs.
- **Campus Partnerships:** Collaborated with Student Health, Campus Ministry, Women’s Studies, and the Honors Program to support floor programming and co-curricular learning aligned with curriculum themes.

Interested in partnering with the Office of Residence Life on educational programming and outreach initiatives?
Contact us at reslife@kings.edu.

DEPARTMENT HIGHLIGHTS: STUDENT HEALTH SERVICES



During the 2024-2025 Academic Year, the Student Health staff provided over 1100 clinic visits (a 22% increase from FY 23-24) and hundreds of point of care tests including mono spot finger tests, strep throat swabs, blood glucose checks, flu and COVID tests and STI screenings. Our services ranged from gluing lacerations, controlling nose bleeds, treatment for upper and lower respiratory infections, managing concussions, providing in-house nebulizer treatments, clinical evaluation and support during an acute panic attack, and medical management for anxiety and depression. We provided both over the counter and prescription medication in-house.

Department and student learning outcome results for AY 24-25:

- Access to a health provider consultation within 24 hours during hours of operation was 100%; most often within same day.
- Ability to identify at least two factors to improve one's health and well-being was identified by 83% of patients after every applicable clinic visit with a provider.
- Over 60 students, faculty and staff achieved certification after undergoing CPR/AED training.
- Following the HCE Wellness Class an 82% response rate on a survey provided to 419 students revealed 96% know wellness is more than just physical and mental health and 100% can identify at least two areas on campus to obtain support and services.
- Co-instruction of the Mental Health First Aid (MHFA) Course instituted during AY 24-25 led to successful certification of an additional 41 student facing faculty and staff, bringing our total to 70 since inception of the courses at King's. Plans are under way for 3 courses during the AY 25-26 with a goal of certifying at least an additional 45 individuals.





Other successful initiatives for 24 25 have included:

- Educational outreach continued with pop up tables and programs on STI, alcohol and marijuana awareness, and diabetes screenings.
- Confidential STI screening event 3x's/semester in collaboration with community partner "Caring Communities".
- Recipients of the Healthy Workplace of the Year Award from the Greater Wyoming Valley Chamber of Commerce
- Addition of dietitian to SHS staff for individual consultation, staff and student athlete education
- Lunch time fitness class; personal one on one and small group training conducted by exercise science students
- Pickle ball instruction sessions X 2 and bi weekly matches
- Inaugural "King's Has Heart" event in Feb 2025. Over 75 faculty and staff had carotid artery US screenings. Provided ECG's, BP screening and education, healthy food selection and dietitian consultation, HOPE peer educator craft table, etc.
- Annual Health and Wellness Fair where over 250 individuals (students, faculty, and staff) received their annual flu shot, plus a plethora of other services and educational information. Flu shots provided at no cost by the Wilkes Barre City Health Department.
- Annual Stress Less Fest with "free" massage, intuitive healing, lavender plant activity, soothing snacks, nutrition consultation.

Patients who received services in the student health center consistently scored their overall experience at 4.88 out of 5.00 (with 5 being strongly agree), and the majority would return in the future and refer others

Interested in using Student Health Services as a resource or partnering for co curricular educational programing? Please contact us at studenthealth@kings.edu.



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