

Occupational Therapy

Bachelor of Science Exercise Science (BS.EXSC(OTTR)) & Doctor of Occupational Therapy (OTD)

Core Requirements				Credits	Notes/Instructions
College Sem.	Quest for Meaning	CSEM 100		3	†A student may be required to take ENGL 105 and/or MATH 100 based on placement exams administered prior to their first semester at King's College. ENGL 105 and MATH 100 are 3-credit courses and will count as free electives. †† The Intercultural Competence requirement can be satisfied by taking a 100-level language class for 3 credits or participating in an approved Study Abroad experience. (See college catalog for more information) SBM = Satisfied By Major requirement(s) and credit(s) listed below.
Communication & Creative Expression	Writing	ENGL 110†		3	
	Oral Communication	COMM 101		3	
	Literature	ENGL 140-149		3	
	The Arts	ARTS 100-149		3	
Citizenship	History	HIST 100-149		3	
	SBM Intercultural	FREN/GERM/SPAN 100-level or Study Abroad†† (OT 210)		-	
	Global Connections	ECON 150-199; GEOG 150-199; HIST 150-199; PS 150-199; SOC 150-199		3	
Quantitative & Scientific Reasoning	SBM Quantitative Reasoning	MATH 120† or higher level (MATH 126)		-	
	SBM Scientific Endeavor	NSCI 100 (ExSc 219)		-	
	SBM Science in Context	NSCI 171-199 (ExSc 220)		-	
	SBM Human Beh. & Soc. Inst	ECON 111, 112; GEOG 101, 102; PS 101, PSYC 101, SOC 101		3	
Wisdom, Faith, & the Good Life	Introduction to Phil.	PHIL 101		3	
	Phil. Investigations	PHIL 170-199		3	
	Theology & Wisdom	THEO 150-159		3	
	Theology & the Good Life	THEO 160-169		3	
Total Core Credits				36	

Exercise Science Major and Other Requirements – (OT Pre-Professional Phase)						
	Credits		Credits		Credits	
CHEM 107	3	EXSC 101	3	EXSC 310L	1	
CHEM 107L	1	EXSC 150	3	EXSC 320	3	
PHYS 108	3	EXSC 219	3	EXSC 330	3	
PHYS 108L	1	EXSC 219L	1	OT 470	3	
MATH 126	3	EXSC 220	3	OT 102	1	
SOC 101	3	EXSC 220L	1	OT 103	1	
PSYC 101	3	EXSC 280	3	OT 210	3	
NEUR 345	3	EXSC 290	3	OT 310	2	
PSYC 355	3	EXSC 309	3	HCE 101 Holy Cross Exp.	1	
PSYC 356	3	EXSC 310	3			
As a BS/ OTD "3+3" program, students will complete three years within the Bachelor of Science in Exercise Science with a minor in Neuroscience and Psychology and three years within the OTD program, including six months of clinical fieldwork and a 14-week doctoral.						
Total Exercise Science Major and Other Requirements (OT Pre-Professional Phase)						70

Doctor of Occupational Therapy (OTD) Year One Requirements – (Professional Phase)						
	Credits		Credits		Credits	
EXSC 400	3	OT 419	3	OT 441L	1	
EXSC 400L	1	OT 420	3	OT 442	4	
EXSC 460	2	OT 421	3	OT 442L	1	
OT 410	1	OT 425	3	OT 445	3	
OT 415	3	OT 440	3	OT 450	2	
OT 415L	1	OT 441	4			
Total Doctor of Occupational Therapy (OTD) Year One Requirements – Professional Phase						41

Doctor of Occupational Therapy (OTD) Years Two and Three Requirements – (Advanced Professional Phase)						
	Credits		Credits		Credits	
OT 510	3	OT 550	2	OT 635	1	
OT 530	1	OT 555	2	OT 636	1	
OT 535	1	OT 560	4	OT 635	2	
OT 536	3	OT 561	1	OT 636	3	
OT 537	4	OT 565	0	OT 660	3	
OT 540	4	OT 570	3	OT 665	0	
OT 540L	1	OT 575	3	OT 670	2	
OT 541L	1	OT 590	3	OT 671	6	
OT 545	2	OT 59X	3	OT 672	2	
OT 545L	0	OT 610	3	OT 675	3	
		OT 630	3	OT 690	3	
Total Doctor of Occupational Therapy (OTD) Years Two and Three Requirements – Advanced Professional Phase						69

Total Core and Pre-Professional Credits	106	Total Professional Credits	41	Total Advanced Professional Credits	69
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Total Credits Required = 216

See reverse side for a suggested sequence

Effective 07/01/2025

Occupational Therapy/Suggested Sequence

A suggested course sequence of degree requirements is listed below. Refer to the college catalog for course titles, descriptions, and prerequisites. Always consult your Academic Advisor when planning and scheduling your classes.

Pre-Professional Phase (Years 1 – 3)			
Fall	Credits	Spring	Credits
OT 101 Introduction to Exercise Science & OT	3	EXSC 150 Preven. Treat. & Emeg. Care of Injuries	3
SOC 101 Introduction to Sociology	3	CHEM 107 General, Organic, & Biochemistry	3
Core Course ¹	3	CHEM 107L General, Organic, & Biochemistry Lab	1
Core Course ¹	3	PSYC 101 Introduction to Psychology	3
Core Course ¹	3	Core Course ¹	3
OT 102 Foundation of OT Practice: Professionalism in OT	1	Core Course ¹	3
HCE 101 Holy Cross Experience	1	OT 103 Found. of OT Practice: OTPF & Medical Term	1
	17		17
Fall	Credits	Spring	Credits
EXSC 280 Clinical Kinesiology & Anatomy	3	EXSC 290 Exercise Physiology	3
EXSC 219 Anatomy & Physiology	3	EXSC 220 Anatomy & Physiology II	3
EXSC 219L Anatomy & Physiology Lab	1	EXSC 220L Anatomy & Physiology II Lab	1
NEUR 345 Psychopathology	3	Core Course ¹	3
Core Course ¹	3	Math 126 Introduction to Statistics	3
OT 210 Diversity, Equity, Inclusion & Cultural Dynamics (Core)	3	PHYS 108 Applied Biophysics	3
	16	PHYS 108L Applied Biophysics Lab	1
			17
Fall	Credits	Spring	Credits
EXSC 309 Electro cardiology	3	EXSC 310 Assessment & Measurements in Exercise	3
EXSC 330 Alternative Methods to Exercise	3	EXSC 310L Assessment & Measure. in Exercise Lab	1
OT 470 Research Methods	3	EXSC 320 Exercise & Special Populations	3
PSYC 355 Develop. Psys: Children & Adolescence	3	PSYC 356 Develop Psys: Adulthood and Aging	3
Core Course ¹	3	Core Course ¹	3
Core Course ¹	3	Core Course ¹	3
	18	OT 310 Foundations of OT Practice: Essentials of OT	2
			18

Please visit www.kings.edu/OTD for the most recent accreditation information

OTD Year One (Professional Phase)			
Fall	cr.	Spring	cr.
EXSC 400 Sci. of Strength & Cond.	3	EXSC 460 Correct. Ex Training	2
EXSC 400L Sci. of Strngth & Cond L	1	OT 421 Neurological Assessment	3
OT 420 Neuroscience for Med Studies	3	OT 419 Occ. Engmnt. & Theories	3
OT 425 Adv. Human Anatomy	3	OT 441 Cond., Assess, Clinical	4
OT 410 Fndn. In OT Prac: Docum.	1	OT 441 L Cond., Assess, Clinical	1
OT 440 Enviro. & Technologies	3		
OT 440L Enviro. & Technologies	0	OT 442 Interv. For Occ Perf.	4
OT 415 OS and Occup. Analysis	3	OT 442L Interv. For Occ Perf. Lab	1
OT 415L OS and Occup. Analysis Lab	1		
	18		18
**May Graduation with a Bachelor of Science in Exercise Science and Minors in Neuroscience and Psychology			
			5
OTD Year Two (Advanced Professional Phase)			
Fall	cr.	Spring	cr.
OT 570 Res & Evid. Based Prac.	4	OT 545 Eval. & Inter. For Occ.	4
OT 540 Eval. & Intervention for	4	Perf. For Child, Adoles, & Fam	
Occ. Performance in Rehabilitation		OT 545L Eval. & Inter. For Occ.	2
OT 540L Eval. & Intervention for	1	Perf. For Child, Adoles, & Fam Lab	
Occ. Performance in Rehab. Lab		OT 575 Dr. Capstone & Proposal Prep	3
OT 510 Health, Well, & Trends in OS & OT	3	OT 590 Prog. Eval & Development	3
OT 530 Clin. Leader, Mgmnt & Ethics	3	OT 555 Comp, Practical & Clin Reasoning	2
OT 541 Culminating Practical (P/F)	0	OT 536 Leadership & Mentor. Prog	1
OT 535 Leadership & Mentor. Prog.	1	OT 550 Level I-B FW (fall or spring)	2
OT 550 Level I-B FW (fall or spring)	2		
	16-18		15-17
			9-12
OTD Year Three Advanced Professional Phase			
Fall	cr.	Spring	cr.
OT 660 FW Level 2-B part 2 (Term A)	3	OT 671 Capstone Exp. & Impl.	6
OT 665 FW Practice Reflections (Term A)	0	OT 610 Exam Prep	3
OT 670 Capstone: Development (Term B)	2	OT 672 Doctoral Portfolio (Term B)	2
OT 630 Adv Advocacy & Leadership	3	OT 636 Adv. Leadership & Mentoring	1
OT 675 Adv. Clin Scholarship, Diss and Outcomes (Term B)	3	OT 59x/69x Adv Elec (*take this semester Or Summer professional phase year two)	3
OT 690 Adv. Teaching & Learning (Term B)	3		
OT 635 Adv. Leadership & Mentoring Program	1		
	15		12-15
**OTD Degree Conferred with Specialization in Leadership Total Credits Required for Graduation = 216			

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Total Credits Required for Graduation = 216