



ATHLETIC TRAINING

BACHELOR OF SCIENCE (B.S.) + MASTER OF SCIENCE (M.S.)

Pursue a career as an athletic trainer, helping physically active people by preventing, diagnosing, and treating injuries.

Athletic trainers (ATs) are healthcare professionals dedicated to preventing, diagnosing, and treating various medical conditions, particularly those affecting physical performance. They collaborate with physicians and other healthcare providers to optimize the activity of patients and clients.

OPPORTUNITIES AT KING'S COLLEGE

Our program combines hands-on clinical experiences, evidence-based practice, and intensive coursework to prepare students for the field. Students receive a B.S. in Exercise Science and a M.S. in Athletic Training. Here's what makes our MSAT program unique:

Up to 21 weeks of immersive experiences: students gain hands-on training that allows them to apply their learning in real-world settings. Gain experience in local school districts, hospitals, colleges, or professional sports teams.

Cutting-edge facilities: the Alley Center for Health Sciences and the Kowalski Center for Advanced Healthcare Education provide outstanding academic, lab, and medical facilities.

Interprofessional educational experiences: we encourage collaboration with other healthcare disciplines, including physician assistant, occupational therapy, and nursing. This approach broadens students' perspectives and enhances their ability to work effectively on a team.

Research development & presentation: undergraduate and graduate research is encouraged in a supportive environment. Students have presented original research, case studies, and compilation studies at local, state, regional, national, and international conferences.



ANDRES ARMSTRONG '17,
MS, ATC, LAT
Athletic Trainer, Detroit Lions

"I humbly believe this is one of the best programs in the United States."



KING'S COLLEGE
TRANSFORMATION. COMMUNITY. HOLY CROSS.

CAREER OPPORTUNITIES

As an athletic trainer, you can work in a variety of settings providing numerous options for your future career. Some career placements available to graduates include:

- secondary schools, colleges/universities, and professional & Olympic sports
- physician practices, clinics, and hospitals
- occupational health in commercial settings, including workplace health and safety training and manufacturing/distribution
- public safety such as police, fire, and emergency responders and the military
- performing arts, including dance, theater, and music

DEGREE REQUIREMENTS

Below is a sample of courses offered in this program. For a complete list of programs and courses, see our Degree Requirements online.

AT 100	Intro. to the Athletic Training Profession
AT 120	Principles of Biology for Health Sciences
CHEM 107/L	General, Organic, & Biochemistry with Lab
EXSC 101	Introduction to Exercise Science
EXSC 150	Prev., Treat., & Emergency Care of Inj.
EXSC 219/L	Human Anatomy & Physiology I with Lab
EXSC 220/L	Human Anatomy & Physiology II with Lab
EXSC 245	Principles of Health
EXSC 280	Clinical Kinesiology & Anatomy
EXSC 290	Exercise Physiology
EXSC 309	Electrocardiology
EXSC 310/L	Assess. & Measurement in Exercise with Lab
EXSC 320	Exercise and Special Populations
EXSC 325	Nutrition & the Athlete
EXSC 330	Alternative Methods of Exercise
MATH 126	Introduction to Statistics
PHYS 108/L	Applied Biophysics with Lab
PSYC 101	Intro to Psychology
AT 400	Foundations of Athletic Training
AT 405	Pharmacology & General Medicine
AT 410	Evidence-Based Medicine I
AT 415	Athletic Training Procedures
AT 420	Athletic Training Practicum I
AT 425	Athletic Training Practicum II
AT 430	Prevention, Evaluation, & Diagnosis I
AT 435	Prevention, Evaluation, & Diagnosis II
AT 450	Therapeutic Interventions I
AT 455	Therapeutic Interventions II
AT 470	Advanced Human Anatomy
AT 475	Head, Neck, & Spine
AT 520	Athletic Training Practicum 3
AT 525	Athletic Training Practicum 4
AT 530	Advanced Therapeutic Interventions
AT 540	Psychosocial & Professional Issues
AT 550	Evidence-Based Medicine 2
AT 570	Management & Leadership Strategies
AT 580	Nutrition and Wellness



\$68,807

MEDIAN ANNUAL SALARY FOR
ATHLETIC TRAINERS

13%

OVERALL EMPLOYMENT GROWTH
FROM 2023-33

*Statistics provided by U.S. Bureau
of Labor Statistics and the National
Athletic Trainer's Association Salary
Survey 2023*

CONTACT US

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