



WorkLifeMatters Employee Assistance Program

Support services employees need and appreciate

In today's demanding workplace environment, balancing career and family while dealing with everyday issues is a challenge for most any employee. Employers can help.

Our comprehensive WorkLifeMatters Employee Assistance Program (EAP), through Integrated Behavioral Health, provides employees and their family members with confidential, personal and web-based support on a wide variety of important and relevant topics to help encourage their well-being — from stress management, dependent/elder care, nutrition and fitness — to legal and financial issues.

For companies, better supported employees can translate into improved productivity, decreased absenteeism and greater employee satisfaction. Plus, our program includes valuable support services for employers too!

Employee program highlights

- Referrals to local counselors with up to 3 sessions at no charge
- Unlimited telephonic support with an EAP Counselor
- State-of-the-art website featuring planning tools
- A complimentary consultation with financial and legal professionals — plus discounts on legal services

Employer program highlights

- Unlimited telephonic assistance on common employee/workplace issues
- Monthly newsletters and e-mail alerts
- Employee communication materials and utilization reports



Employers are automatically eligible for WorkLifeMatters when they offer three or more qualifying lines of Guardian coverage* — making it the ideal complement to your overall employee protection program.

Contact your Guardian Group sales representative for more information.

The Guardian Life Insurance
Company of America
New York, NY
guardiananytime.com

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