

King's College

Health & Human Performance Conference

Event Itinerary - Friday, October 3, 2025

8 a.m. – 9 a.m.

Check-in & On-site Registration

9 a.m. – 9:50 a.m.

The Importance of In Season Training and Influence on the Female Athlete Triad

by Morgan Briggs, Strength and Conditioning Coach at Fame Strength

10 a.m. – 10:50 a.m.

Fitness Testing Usage and Implementation in Sport and Culture

by Matthew Dantone, Personal Trainer and Author

11 a.m. – 11:50 a.m.

Running a Force Plate Program at a Small University

by Robert Enck, PhD Physicist and Sports Scientist &
Makena Evans, Physicist and Sports Scientist

12 p.m. – 1 p.m.

Lunch (Provided)

1 p.m. – 1:50 p.m.

Force Continuum – Innovation Strategies for Designing Percentage Based Training

by Miroslaw 'Mirek' Babiarez, MS, CSCS, RSCC*D

Strength and Conditioning Coach at Poland Rugby, Handball, and Weightlifting

2 p.m. – 2:50 p.m.

Clinical Application of Electromyography (EMG) – Visualizing Neuromuscular Function for Targeted Therapy

by Simon Roth, Physiotherapist and CEO at Myoact

3 p.m. – 3:50 p.m.

The Effect of Manual Therapy on Human Performance

by Corey Owen, DC, Chiropractor and Trainer

4 p.m. – 6 p.m.

Reception

Address:

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